



# 3<sup>rd</sup> LONDON MASTERCLASS: CONTEMPORARY MANAGEMENT OF CONSTIPATION

**October 17 – 18, 2018**

QMUL Whitechapel Campus, London

## WEDNESDAY 17<sup>TH</sup> OCTOBER (AM) – THE CLINICAL BURDEN OF CONSTIPATION

---

*Old Medical School Library, Garrod Building*

08:15 – 09:00 **Registration and coffee**

*Bearsted Lecture Theatre*

**SESSION 1: CLINICAL BURDEN** 09:00 – 10:40

Chairs: Magnus Simren & Robin Spiller

09:00 – 09:10 **Welcome address: setting the scene** *Professor Charles Knowles*  
London

09:10 – 09:45 **Overview: diagnosis, epidemiology and societal impact of constipation** *Dr José Remes Troche*  
Veracruz, Mexico

09:45 – 10:10 **Perceptions of constipation. Do patients and healthcare providers agree on which symptoms are important?** *Dr Eirini Dimidi*  
London

10:10 – 10:40 **KEYNOTE LECTURE**  
**Chronic constipation and IBS-C: separate entities, or part of the same spectrum?** *Professor Magnus Simren*  
Gothenburg, Sweden

10:40 – 11:15 **Coffee break**

**SESSION 2: KEY CLINICAL ASSOCIATIONS** 11:15 – 12:35

Chairs: Qasim Aziz & Emma Carrington

11:15 – 11:40 **Constipation and connective tissue disorders** *Dr Asma Fikree*  
London

11:40 – 12:05 **Co-existence of constipation and incontinence** *Dr Mark Scott*  
London

12:05 – 12:35 **Constipation following surgery for colorectal cancer** *Miss Karen Nugent (TBC)*  
Southampton

*Old Medical School Library, Garrod Building*

12:35 – 13:40 **LUNCH**

## WEDNESDAY 17<sup>TH</sup> OCTOBER (PM) – INSIGHTS INTO PATHOPHYSIOLOGY AND DIAGNOSTIC TESTING

---

*Bearsted Lecture Theatre*

**SESSION 3: EMERGING CONCEPTS IN PATHOPHYSIOLOGY** 13:40 – 15:00

Chairs: Klaus Krogh & Tom Dudding

13:40 – 14:10 **KEYNOTE LECTURE**  
**The role of colonic motor dysfunction** *Dr Phil Dinning*  
Adelaide, Australia

14:10 – 14:35 **The role of colorectal sensory dysfunction** *Dr Rebecca Burgell*  
Melbourne, Australia

14:35 – 15:00 **The role of genetic factors and enteric neuropathies** *Professor Charles Knowles*  
London

15:00 – 15:35 **Coffee break**

<b>SESSION 4:</b>	<b>EMERGING TECHNOLOGIES AND CONTROVERSIES IN DIAGNOSTIC TESTING</b>	16:05 – 17:45
Chairs:	Mark Fox & TBC	
15:35 – 16:00	<b>Limitations of current methods, and new technologies for describing whole gut and colonic transit</b>	<i>Professor Klaus Krogh Aarhus, Denmark</i>
16:00 – 16:25	<b>Limitations of current methods for describing evacuation</b>	<i>Miss Emma Carrington London</i>
16:25 – 16:50	<b>MRI: new approaches to the real-time assessment of colonic function</b>	<i>Dr Caroline Hoad Nottingham</i>
16:50 – 17:20	<b>KEYNOTE LECTURE Constipation in children. The same as in adults?</b>	<i>Professor Marc Benninga Amsterdam, The Netherlands</i>
17:20 – 17:50	<b>PANEL DISCUSSION: When to test, which test, and what does it mean?</b>	<b>CHAIR:</b> <i>Professor Mark Fox Basel, Switzerland Professor Klaus Krogh Miss Emma Carrington Dr Guiseppe Chiarioni Professor Marc Benninga TBC</i>
17:50	<b>MEETING CLOSSES</b>	

## **THURSDAY 18<sup>TH</sup> OCTOBER (AM) – AN EVIDENCE BASED APPROACH TO MANAGEMENT (1)**

---

*Old Medical School Library, Garrod Building*

08:15 – 09:00 **Registration and coffee**

*Bearsted Lecture Theatre*

**SESSION 5: BEHAVIOURAL INTERVENTIONS** 09:00 – 10:55

Chairs: Rebecca Burgell & Yan Yiannakou

09:00 – 09:25 **Which outcomes should we measure?** *Professor Bill Whitehead  
North Carolina, USA*

09:25 – 09:45 **Nurse-led behavioural management** *Ms Michelle Henderson  
Durham*

09:45 – 10:05 **Biofeedback** *Dr Guiseppe Chiarioni  
Verona, Italy*

10:05 – 10:25 **Rectal irrigation** *Dr Anton Emmanuel  
London*

10:25 – 10:55 **KEYNOTE LECTURE  
Gut microbiota and probiotics in constipation** *Professor Kevin Whelan  
London*

10:55 – 11:30 **Coffee break**

**SESSION 6: MEDICAL THERAPIES** 11:30 – 13:10

Chairs: Adam Farmer & Anton Emmanuel

11:30 – 11:50 **Fibre. Is recommendation as first-line therapy justified?** *Professor Robin Spiller  
Nottingham*

11:50 – 12:15 **Laxatives: which are effective?** *Dr Natalia Zarate  
London*

12:15 – 12:40 **Strategies for management of opioid-induced constipation** *Professor Yan Yiannakou  
Durham*

12:40 – 13:10 **KEYNOTE LECTURE  
The future of medical therapies for constipation** *Dr Maura Corsetti  
Nottingham*

Old Medical School Library, Garrod Building

13:10 – 14:05 **LUNCH**

---

**THURSDAY 18<sup>TH</sup> OCTOBER (PM) – AN EVIDENCE BASED APPROACH TO MANAGEMENT (2)**

---

*Bearsted Lecture Theatre*

<b>SESSION 7:</b>	<b>SURGICAL APPROACHES</b>	14:05 – 16:00
Chairs:	Ronan O'Connell & TBC	
14:05 – 14:10	<b>Introduction to the surgical management of constipation</b>	<i>Professor Charles Knowles London</i>
14:10 – 14:25	<b>Colonic resection</b>	<i>Mr Pasquale Giordano London</i>
14:25 – 14:40	<b>Hitching procedures</b>	<i>Mr Steve Brown Sheffield</i>
14:40 – 14:55	<b>Excisional procedures</b>	<i>Professor Donato Altomare Bari, Italy</i>
14:55 – 15:10	<b>Recto-vaginal reinforcement procedures</b>	<i>Mr Andy Williams London</i>
15:10 – 15:20	<b>Sacral nerve stimulation</b>	<i>Mr Tom Dudding Southampton</i>
15:20 – 15:30	<b>Evidence based recommendations</b>	<i>Professor Charles Knowles Mr Andy Williams Mr Steve Brown</i>
15:30 – 15:55	<b>PANEL DISCUSSION: Bringing it all together. The management algorithm.</b>	<b>CHAIR:</b> <i>Professor Ronan O'Connell Dublin, Ireland Dr Maura Corsetti Professor Charles Knowles Professor Magnus Simren Dr José Remes Troche Professor Marc Benninga TBC</i>
15:55 – 16:00	<b>Closing comments</b>	<i>Dr Mark Scott London</i>
16:00	<b>MEETING CLOSES</b>	

Sponsored by :

